

ON-CAMPUS REQUIREMENTS FOR...



LAB-CONFIRMED COVID INDIVIDUAL

ALL 3 CRITERIA MUST BE MET:

1. Fever-free for 24 hours without fever reducing medication **AND**;
2. Symptoms have ceased (e.g., cough, shortness of breath) **AND**;
3. At least 5 days have passed since symptoms first appeared.

**May return to school on day 6 if symptoms have ceased with mask wearing for up to day 10. If symptoms persist after day 10 consult your physician for a release to return to school.

COVID SYMPTOMS

ALL 3 CRITERIA MUST BE MET:

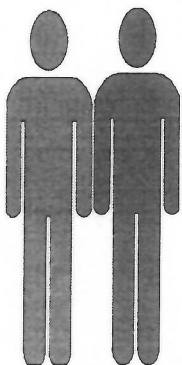


If the individual has COVID symptoms and wants to return to school the individual must either:

- (a) Obtain a documented negative PCR or Rapid Antigen test and are symptom free (negative home tests are not accepted at this time)
- OR-**
- (b) No testing and quarantine for 5 days from onset symptoms and return on the 6th day symptom free, fever-free for 24 hours without fever reducing medication, and 5 additional days of mask wearing.

CLOSE CONTACT OR EXPOSURE TO A LAB-CONFIRMED COVID POSITIVE INDIVIDUAL

1. Individuals who have had close contact or were exposed to someone who is lab confirmed COVID positive should monitor themselves for symptoms. Contact your Catholic school nurse or health coordinator if symptoms arise and for your school guidelines on close contact or exposures.



COVID symptoms:

- Persistent Cough
- Congestion/Runny Nose
- Nausea/Vomiting
- Shortness of breath
- Chills
- Headache
- Sore Throat
- Loss of taste or smell
- Diarrhea
- Fever (100 degrees or greater)



TEXAS
Health and Human
Services

Texas Department of State
Health Services

SCHOOL COVID GUIDELINES SHCS UPDATE 8/29/22

CDC quarantine recommendations as adopted by the Texas Health Department for **close contacts** will allow for 5 days of quarantine if the individual is **asymptomatic** followed by 5 days of strict mask wearing.

EXPOSURES AND CLOSE CONTACTS

- **Not vaccinated**
- **Vaccinated, due for a booster: [Vaccinated 6 months prior, have not received the booster yet]**

- 5 days quarantine + 5 days mask wearing.
- Get tested on day 5. (PCR and Rapid Antigen Tests are acceptable. PCR is the gold standard over antigen testing due to its greater accuracy.)

COVID POSITIVE

- **COVID positive [Regardless of vaccination status]**

- Stay home for 5 days, if you have no symptoms or your symptoms have ceased, you may return on day 6 with a mask. Wear a mask for additional 5 days to complete 10 total days.
- If you had a fever, you must be fever free for 24 hours without fever reducing medication. If symptoms persist after the 10th day seek a physician for release.