

meet the

school counselor

St. Helen's Catholic School: Yvonne DeLeon

On campus: Tuesday, Wednesday, Thursday 281-485-2845

ydeleon@sthelencatholicsschool.org

a little about me

I am originally from the Rio Grande Valley and have been living in the Bay Area for many years. I graduated with a Bachelors degree in Education from Southwest Texas State University and received my Masters degree in School Counseling at the University of Houston-Clear Lake. I absolutely love working with children of all ages and feel extremely blessed to be a part of the St. Helen Catholic School Family ☺
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School Counselors Make a
World of Difference



my role

As a school counselor at SHCS, I teach Character building, guidance lessons to each class with the Catholic principles included. I present lessons to students in the areas of self-esteem, social and emotional development based on the objectives from the Catholic Schools Office. Making good and healthy choices is always emphasized along with additional themes related to Kindness, Inclusion, Acceptance, and additional themed lessons from being a "Bucket Filler" (kindness year round) and awareness of The Six Pillars of Character (Trust, Respect, Responsibility, Fairness, Caring, Citizenship).

I also meet with students individually (when referred) to do brief, solution focused counseling as well as facilitate small groups when requested by administration.

I collaborate with administration, teachers, support staff, parents to help children succeed in a safe, trusting and healthy environment. I can assist with outside referral recommendations provided by the Catholic Schools Office as well.

I look forward to a great school year with your children! Please feel free to contact me anytime!

"Blessed is the man who trusts in the LORD." Jeremiah 17:7