



**“Growing the total child in wisdom, age, and grace.”**

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Archdiocese of Galveston-Houston

## New and Returning Students 2020-2021 • Health Care Procedures

The following **Health Care Procedures** are to help accomplish the goal of excellent health for and safety of your child while in school and during school related events.

### \*\*\* FACTS FAMILY ACCOUNT \*\*\*

Please review/update your child(ren)'s medical information in your **FACTS** family account (i.e., allergies, medications taken daily, medical conditions, doctors, health insurance, emergency contact persons, etc.). It is imperative that the school is provided with the most current information available for the health of your child(ren).

**If your child has a severe health problem, such as:** diabetes, asthma, epilepsy, severe allergies, a heart condition or other serious health conditions which require doctor's orders, a health care plan or special medication to be administered, then a meeting with the child's teacher(s), clinic personnel, and principal must be scheduled before the child can begin school.

### COVID-19 INFO

COVID-19 related information is available on the school website at:

<https://shcssaints.org/2020/03/16/covid-19-informative-links/>

### IMMUNIZATIONS and STATE REQUIREMENTS

The Archdiocese of Galveston-Houston Catholic School complies with the **State of Texas immunization requirements**. Up-to-date **“official”** immunization records are required to attend school and must be submitted before registration is complete. **Documents provided must include physician signature and be stamped with address and phone number of medical facility.**

**MEDICAL EXEMPTIONS:** If your physician has signed a medical exemption this must follow proper TCCBED procedures. Please note **conscientious exemptions are not accepted**. Any delayed immunizations by the physician must follow proper protocol by TCCBED. See <http://www.dshs.state.tx.us/immunize/school/default.shtm>

**STATE TESTING:** Texas Law requires vision, hearing, spinal, and Texas Risk Assessment for Type 2 Diabetes in Children (TRAT2DC) screening. If screening norms are not met, a referral to a physician will be made. Additionally, a student **TB Screening Questionnaire** or proof the child is under a doctor's care is required for all students.

### A STUDENT WILL BE SENT HOME DUE TO ILLNESS.

Exclusion and Readmission Guidelines are included (back of this page) and may be kept for reference.

**HEAD INJURIES:** An email and/or a call to parent/guardian will be sent for any head injury, even the most minor. Some symptoms are not seen for 24-48 hours after an injury (see back of this page for list of possible symptoms).

### PHYSICAL EDUCATION (P.E.).

In order for your child to be excused from P.E., a parent's note must be submitted to the P.E. teacher. This note is only acceptable for two (2) days. If P.E. is missed for three (3) days or more, a doctor's note is required. Students will be expected to earn their P.E. grade, so additional work may be required.

### MEDICATION PERMISSION FORMS

**All medications** (prescription or over-the-counter) **must have** a physician or authorized prescriber **and** parent signature on file **before** the medication can be administered at school, otherwise the parent/guardian must come to campus to administer medication.



Ointments, vitamins, and others are also considered to be medication. The prescription medication must have a pharmacy label that matches orders.

**All medication must be brought to school by parent/guardian. Over the counter (OTC) medications MUST be provided in NEW UN-OPENED packaging.**

A child may carry medication, such as, an **EMERGENCY ASTHMA INHALER** or **EPIPEN**, **provided there is a doctor's order on file** and proper procedure is followed. If certain medications need to be in the child's classroom (or with a coach), a duplicate medication needs to be in the school clinic as a backup. **Parents will need to provide both.** No other medication may be carried on the child, including over-the-counter medication, at school or school-related events. **The school does not provide stock medications.**

**Medication Permission forms** are available on the school website under the **Parents Corner > Health Information** tab.

<https://shcssaints.org/parents-corner/health-information/>

#### Medication Permission Forms – Health Care Plan Of Action

- **ALLERGIES** (includes Food and Life Threatening allergies)
- **ASTHMA**
- **DIABETES**
- **SEIZURES**
- **GENERAL / NON-SPECIFIC CONDITIONS** (i.e., migraines or other conditions not listed above)
- Medication Permission Form for **ALL OTHER MEDICATIONS** (prescription and over-the-counter)

Sincerely,

Amanda McKay, RN  
Drina Boutté, Clinic Coordinator  
281.485.2845  
nurse@sthelencatholicsschool.org

**(View the back of this page for additional information.)**

**NOTE:** Please remember a student in possession of **any medications, except documented emergency inhalers and EpiPens, is in violation of the school's discipline policy.**

## HEAD INJURIES

If your child receives an injury to the face/head, an email will be sent and/or phone call made to parent/guardian listed in **FACTS** emergency contacts section, stating that your child was examined by clinic/office personnel.

In such event, please observe for the following symptoms and contact your doctor or emergency room immediately if you notice any of the signs listed below.

- A constant headache that gets worse, "pressure" in head
- Slurred speech
- Dizziness that does not go away or happens repeatedly
- Bothered by light, noise
- Memory problem
- Extreme irritability or abnormal behavior
- Nausea or vomiting
- Confusion or clumsiness
- Oozing blood or other watery fluid from the nose or ears
- Difficulty waking up or excessive drowsiness
- Unequal size of the pupils (the dark center part) of the eyes
- Unusual paleness that lasts for more than an hour
- Convulsions (seizures)
- Blurred vision or double vision
- Feeling sluggish, hazy, foggy or groggy

## COMMUNICABLE DISEASES



Please review the chart below for details on various communicable diseases and the requirements set by the TCCBED. It also contains information on exclusion and return to school guidelines when students are ill. Please help us keep your child(ren) and his/her classmates HEALTHY during the school year.

Guidelines for Excluding Students from School	
Exclusion Guidelines	Return to School Guidelines
Oral temperature of 100 degrees or above	Fever free for 24 hours without the use of fever suppressing medications
Vomiting, nausea or severe abdominal pain	Symptom free for 24 hours
Marked drowsiness or malaise	Symptom free
Sore throat, acute cold or persistent cough	Symptom free
Red, inflamed or discharging eyes	Written physician release
Wound, skin and soft tissue infections	Exclude until drainage is contained and covered with a clean dry bandage
Swollen glands around jaws, ears or neck	Written physician release
Suspected scabies or impetigo	Written physician release
Any skin lesion in the weeping stage	Covered and diagnosed as non-infectious
Earache	Symptom free
Head Lice (Pediculosis)	Lice and nit free
Diarrhea	Diarrhea free for 24 hours without the use of diarrhea suppressing medications
Other symptoms suggestive of acute illness	Written physician release

**SOURCE: TCCBED 2020**

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